

# CATOOSA COUNTY PUBLIC SCHOOLS ALLERGY REACTION EMERGENCY ACTION PLAN

Place  
Child's  
Picture  
Here

School \_\_\_\_\_ School Year \_\_\_\_\_ Date \_\_\_\_\_

ALLERGY TO: \_\_\_\_\_

Student's Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_ Teacher: \_\_\_\_\_

Asthmatic: Yes\*  No  Higher risk for severe reaction Yes\*  No

I understand that it is my responsibility as the parent/guardian of \_\_\_\_\_ to notify the school nurse/designee of any changes in my child's health condition and/or medication/treatment regimen. I authorize my child's healthcare provider and his/her staff to release the following information regarding my child's health condition. I understand that this health information will ONLY be shared with pertinent school staff.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



## SIGNS OF AN ALLERGIC REACTION



(Check Student's Usual Symptoms):

Systems: Symptoms:

- \*MOUTH itching & swelling of the lips, tongue or mouth
- \*THROAT\* itching and/or a sense of tightness in the throat, hoarseness and hacking cough
- \*SKIN hives, itchy rash and/or swelling about the face or extremities
- \*GI Tract (uncommonly) nausea, abdominal cramps, vomiting and/or diarrhea shortness of
- \*LUNG\* breath, repetitive coughing and/or wheezing
- \*HEART\* weak and "thready" pulse, loss of consciousness (passing out)

The severity of symptoms can quickly change. \*ALL above symptoms can potentially progress to a life-threatening situation.



## ACTION



1. If INGESTION, EXPOSURE, OR STING IS SUSPECTED, give \_\_\_\_\_  
(medication, dose route)  
AND \_\_\_\_\_ IMMEDIATELY!  
(other actions to be taken)
2. Call 911 or local Emergency Medical Services.
3. Call: Mother/Guardian: ph# \_\_\_\_\_ Father/Guardian: ph# \_\_\_\_\_  
cell# \_\_\_\_\_ cell# \_\_\_\_\_  
Other Emergency Contacts \_\_\_\_\_
4. Or call Health Care Provider \_\_\_\_\_ at \_\_\_\_\_

**DO NOT HESITATE TO CALL 911 EMERGENCY!!**

**FOR EMERGENCY MEDICATION: (EpiPen®Jr or EpiPen®)**

\_\_\_\_\_ I have instructed \_\_\_\_\_ in the proper way to use his/her medication.  
It is my professional opinion that \_\_\_\_\_ should be allowed to carry  
and use the medication by his/herself.

\_\_\_\_\_ It is my professional opinion that \_\_\_\_\_ should **NOT** carry his/her  
medication by his/herself.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Healthcare Provider's Signature

\_\_\_\_\_  
Date

**Staff members trained to give EpiPen®Jr. or EpiPen® (name and room number)**

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_